

Cyndi Yag-Howard, MD, FAAD

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ACCREDITATION AND CERTIFICATION •

American Board of Dermatology

1997 Board Certified American Board of Dermatology

2007 Board Recertified American Board of Dermatology

State of Florida Department of Professional Regulations

1997 Florida Licensure to Practice Medicine (Current)

ACADEMIC AFFILIATION•

Volunteer Clinical Faculty: University of South Florida College of Medicine

EDUCATION •

University of South Florida Morsani College of Medicine (USFCOM)

1996-1997 Chief Resident, Dermatology

1994-1997 Resident, Dermatology

1993-1994 Intern, Internal Medicine

1989-1993 Doctor of Medicine

Georgetown University

1988 Physics

University of Pittsburgh

1987 Institute of Shipboard Education / Semester at Sea

Duke University

1982-1986 Bachelor of Science

HONORS AND AWARDS •

* Elected Membership in American Dermatological Association

* Elected Membership in Noah Worcester Dermatologic Society

2014 Presidential Citation for Leadership, American Academy of Dermatology

2011 Presidential Citation for Leadership, American Academy of Dermatology

1993 Outstanding Student in Dermatology Award, USFCOM Division of Dermatology

1993 Award for Excellence in Internal Medicine, American College of Physicians

1993 Award for Superior Academic Achievement and Contributions to Health Care, Sandoz

1993 Award for Dedicated Service to the Office of Student Affairs, USFCOM

1987 Outstanding Student Award, Semester at Sea

1987 Student Life Award, Semester at Sea

1987 Ship Liaison to Governor of Hyogo Prefecture, Semester at Sea

1985-1986 Dean's List, Duke University

1985-1986 Class Honors, Duke University

PROFESSIONAL MEMBERSHIPS •

American Medical Association (AMA)

American Medical Association Foundation (AMAF)

American Medical Association Political Action Committee (AMPAC)

American Academy of Dermatology (AAD)

PROFESSIONAL MEMBERSHIPS (Continued) •

American Academy of Dermatology Association (AADA)
American Society of Dermatologic Surgery (ASDS)
American Society for Mohs Surgery (ASMS)
American Academy of Cosmetic Surgery (AACS)
Dermatology Foundation (DF)
American Dermatological Association (ADA)
Noah Worcester Dermatologic Society (NWDS)
American Academy of Dermatology Association Political Action Committee (SkinPAC)
Skin Cancer Foundation
Dermatology Advocacy Network
Florida Medical Association (FMA)
Florida Medical Association Political Action Committee
Florida Society of Dermatology and Dermatologic Surgery (FSDDS)
Florida Society of Dermatologic Surgery (FSDS)
Collier County Medical Society (CCMS)
Duke University Alumni Association (DUAA)
Duke University Alumni Interview Committee
University of South Florida College Of Medicine Alumni Association (USFCOMAA)
National Association of Professional Women

PROFESSIONAL LEADERSHIP •

Center for Creative Leadership, Colorado Springs, CO
2014 Leadership Development Program Participant

American Medical Association
AMA House of Delegates Positions Representing Dermatology
2002-- Vice Chair, Dermatology Section Council
2001-- Delegate, American Academy of Dermatology
1999-2000 Alternate Delegate, American Academy of Dermatology

AMA Elected Council Positions
2013-- Vice Chair, Council on Constitution and Bylaws
2010-- Council on Constitution and Bylaws

AMA Committee Appointments
2013 Resolution Review Committee
2009-2010 Chair, House Compensation Committee
2007-2010 House Compensation Committee
2007-2010 Resolution Review Committee
2006 Chair, Rules and Credentials Committee
2006, 2011 Rules and Credentials Committee
2005 Chair, Reference Committee on Legislation
2004 Reference Committee on Legislation
2000 Reference Committee on Constitution and Bylaws

AMA Specialty and Service Society (SSS) Positions
(representing >120 service and specialty societies nationwide)
2009-2010 Chair, SSS Governing Council
2008-2009 Chair-Elect, SSS Governing Council
2007-2008 Secretary, SSS Governing Council
2005-2007 Member at Large, SSS Governing Council

AMA Young Physician Section (YPS) Positions and Appointments
1999-2000 Alternate Delegate
2000 Credentials Committee of YPS House

PROFESSIONAL LEADERSHIP (Continued) •

American Medical Association (Continued)

AMA Resident and Fellow Section (RFS) Positions and Appointments

1994-1997 Delegate
1996-1997 Vice Chair, RFS Governing Council
1995-1996 Member at Large, RFS Governing Council
1994 Credentials Committee

AMA Medical Student Section (MSS) Positions and Appointments

1993 Chair, Reference Committee of the MSS House
1992 Reference Committee of the MSS House
1992 Rules Committee

American Academy of Dermatology

2014-- Dialogues in Dermatology Editorial Board
2014 Ad Hoc Task Force on Election Oversight
2014 Legislative Conference
2011-- Bylaws Committee
2013 Camp Discovery Volunteer as Activities Coordinator / Photographer at
Camp Horizon
2012 Strategy Retreat
2007-2011 Chair, Organizational Structure Committee
2010-2011 Chair, Nominating Committee
1998-2011 Organizational Structure Committee
2009-2011 Strategy Committee
2009 Dermatology Advocacy Network Legislative Visitation
2008-2011 Nominating Committee
2004-2008 Coding and Reimbursement Task Force
2003-2004 Council on Health Policy and Practice
2003-2004 Task Force on Leadership Mentoring
2002-2004 Chair, Leadership Training Committee
1998-2004 Core Curriculum Committee
1997-2004 Co-Founder, Young Physician Committee
1997-2004 Young Physician Committee Governing Council
1997-2004 Advisory Board, Florida Society of Dermatology Representative
2003 Ad Hoc Task Force on Election Oversight
2002 Forum for Future Leaders
2001 Government Affairs Conference
1998-2000 Private Sector Advocacy Task Force
1999 Member Needs Task Force
1999 Young Member Development Task Force
1997 Annual Meeting Review Committee
1995-1997 Resident Physician Committee Governing Council
1996 Futures Committee

American Society for Dermatologic Surgery

2014-2017 Branding and PR Work Group
2014-2017 Member Giving Work Group

Women's Dermatologic Society

2014--2018 Board of Directors
2014-- Finance Committee
2011-- Annual Meeting Committee
2006-2010 Networking Committee
2001 Board of Directors
1998-2000 Board of Directors, Young Physician Representative
1996-1997 Board of Directors, Resident Representative
1999-2000 Career Enhancement Task Force

PROFESSIONAL LEADERSHIP (Continued) •

Florida Society of Dermatology and Dermatologic Surgery

2002-2004 Board of Directors Representative

1997-2004 Representative to AAD Advisory Board

Florida Medical Association

1995-1997 Board of Governors

1995-1997 Council on Legislation

1995-1996 Immediate Past Chair, Resident Physician Section Governing Council

1994-1995 Chair, Resident Physician Section Governing Council

1995 Long Range Planning Ad Hoc Committee

1995 Legislative Visitation Program

1994-1995 Local Membership Coordinator

1991-1993 Committee on Public Relations and Communications

1989-1991 Legislative Visitation Program

Hillsborough County Medical Association

1994-1997 Executive Committee of the Board

EDUCATIONAL LEADERSHIP •

2012-- Contributing Editor, *Dermatologic Surgery*

2011-- Reviewer, *Dermatologic Surgery*

2009-- Board, USFCOM Alumni Association

2009-- Chair, USFCOM Reunions Committee

2013-- Member, Duke University Alumni Interview Committee, SW Florida

2006-2010 Chair, Duke University Alumni Interview Committee, SW Florida

1990-1993 Executive Committee, Medical School Student Government

1992-1993 President, Medical School Class

1990-1992 Vice President, Medical School Class

COMMUNITY LEADERSHIP •

2013 Volunteer, Camp Discovery as Activities Coordinator at Camp Horizon

2012-- Chair of Board of Directors, Founder and Parent Administrator, Club Instant Replay, an organization of high school students and adult board of directors comprised of prominent leaders in our community and in professional sports finance.

Purpose and mission: to collect and redistribute used sporting goods equipment to underprivileged children for the purpose of enabling children of all means and needs to participate in a variety of sports in an effort to help them discover their interests and talents, as well as give them a sense of personal growth, development, achievement and confidence, which they may carry with them throughout life.

2010-- Volunteer, Parent-Teacher Organization/Academic Booster Club

1998-- Volunteer, Neighborhood Health Clinic

2009-- Member, Naples Philharmonic Center for the Performing Arts Fund

2009-- Member, Sugden Community Theater Fund

2007--2009 Sponsor, Naples Optimist Soccer League

2006, 2007 Sponsor, Greater Naples Little League

2007-2009 Community School of Naples (CSN) Academic Committee

2008-2009 Volunteer, CSN School Store

2005-2007 Volunteer, Seacrest Country Day School (SCDS)

PUBLICATIONS AND RESEARCH •

Yag-Howard C. Sutures, Needles and Tissue Adhesives: A Review for Dermatologic Surgery. *Dermatol Surg* 2014;40:S3-S15.

PUBLICATIONS AND RESEARCH (Continued) •

- Yag-Howard C.** Innovative Suturing Techniques. Recorded for *Dialogues in Dermatology*, March 2014.
- Yag-Howard C.** Percutaneous Running Dimple Stitch (Dimple Stitch): A Novel Subcutaneous Closure. Pending publication in *Dermatologic Surgery*.
- Yag-Howard C.** The Tape Buttress Technique for Repair of Defects on Atrophic Skin. Submitted for publication.
- Yag-Howard C.** Making and Using a Mousepad Model of Skin to Practice Suturing Techniques. *Dermatol Surg* 2013;39:1947-9.
- Yag-Howard C, Lavalley L.** Use of Absorbable Monofilament Poliglecaprone-25 as Sole Suture Material for Both Subcutaneous and Transepidermal Closure: A Cosmetically and Economically Appealing Alternative. *Cosm Dermatol* July 2013:19-23.
- Yag-Howard C.** Zipper Stitch: A Novel Aesthetic Subcutaneous Closure. *Dermatol Surg* 2013;39:1400-2.
- Yag-Howard C.** Commentary: Malignant Melanoma in Pigmented Skin: Does the Current Interventional Model Fit a Different Clinical, Histological and Molecular Entity? *Dermatol Surg* 2013;39:1304–1305.
- Yag-Howard C.** Commentary: A Prospective Comparison Between Neutralizing the pH of 1% Lidocaine with Epinephrine (Buffering) and Pre-Operative Skin Cooling in Reducing the Pain of Infiltration of Local Anesthetic. *Dermatol Surg* 2012;38:1660-1.
- Yag-Howard C.** Novel Approach to Decreasing Tension When Approximating Wound Edges in Advancement Flaps: The ImPli Stitch. *Dermatol Surg* 2012;38:661-3.
- Yag-Howard C.** Novel Surgical Approach to Subcutaneous Closure: The Subcutaneous Inverted Cross Mattress Stitch (SICM Stitch). *Dermatol Surg* 2011;37:1503-5.
- Yag-Howard C.** The Power of Antioxidants. *eBella* Dec 1011:29-30.
- Yag-Howard C.** Factors that Influence the Aesthetic Outcome of Surgical Scars. In revision for publication in *Cutis*.
- Yag-Howard C, Shenefelt P.** Multiple Pink Pearly Papules with White, Depressed Centers. *Arch Dermatol* 1998;134(2):231.
- Glass LF, Keller K, Messina J, Dalton J, **Yag-Howard C**, Fenske N. Cutaneous T Cell Lymphoma. *Cancer Control* 5(1):11-18; 1998.
- Dalton J, **Yag-Howard C**, Messina J, Glass LF. Cutaneous T Cell Lymphoma. *International Journal of Dermatology* 36(11):801-809; 1997.
- Messina J, **Yag-Howard C**, Fenske N. Cutaneous Hyperpigmentation Due to Quinidine Gluconate. *Journal of Geriatric Dermatology* 4(6):198-201; 1996.
- Schapira DV, Kumar NB, Clark RA, **Yag C.** Mammography Screening and Credit Card Compliance. *Cancer* 70:509-512; 1992.
- Yag-Howard C, Fitzmorris K, Pullara Brandt T, Sinnot J.** Seabather's Eruption Developing in an Individual Not Directly Exposed to Sea Water. *Southern Medical Journal* 89(10):S28-29; 1996. Abstract.
- Yag-Howard C, Fenske N.** Mycosis Fungoides: A Difficult Disease to Diagnose. *Southern Medical Journal* 89(10):S30; 1996. Abstract.
- Ultraviolet Radiation and the Immune System: 1992
Advisor: Paul Wallach, MD
University of South Florida College of Medicine
- The Circadian Rhythm and Pediatric Cardiac Arrests: 1992
Advisor: Michael Flannery, MD
University of South Florida College of Medicine
- Body Fat Distribution as a Risk Factor for Breast Cancer: 1990
Advisor: David Schapira, MD
University of South Florida College of Medicine
- The Effect of AZT on the Human Immunodeficiency Virus: 1986
Advisor: Kent Weinhold, PhD
Duke University

PUBLICATIONS AND RESEARCH (Continued) •

The Premenstrual Syndrome: Fact or Fiction?: 1985

Advisor: Carl Erickson, PhD

Duke University

PRESENTATIONS •

- 2014 "Hands-On Innovative Suturing Techniques", AAD Annual Meeting
- 2013 "Innovative Suturing Techniques", ASMS Annual Meeting
- 2013 "A Review of Novel and Traditional Suturing Techniques", AAD Annual Meeting
- 2012 "Updated Tricks of the Blade: Focusing on Technique", AAD Annual Meeting
- 2011 "More Tricks of the Blade", AAD Annual Meeting
- 2011 "Dermatology from the Dermatologist's Perspective", Industry Education
- 2011 "Dermatology from Industry's Perspective", Industry Education
- 2011 "Suture and Suturing Techniques", Industry Education
- 2010 "Cutting Edge Tricks of the Blade", ADA Annual Meeting
- 2010 "Tricks of the Blade", NWDS Annual Meeting
- 2010 "Tricks of the Blade", AAD Annual Meeting
- 2009 "Inside a Doctor's Office", CSN Elementary Classroom Presentation
- 2004, 2005, 2006, 2008 "Getting to Know Your Skin: Making a Foam and Pipe Cleaner Model"
SCDS and CSN Elementary Classroom Presentations
- 2007, 2008 "Skin Cancer: What You Need to Know", Collier County Department of Health
Symposium
- 2008 "A More Youthful You", Collier County Department of Health Symposium
- 2006 "Skin Cancer Education for the United States", National Radio Spot for American
Medical Association
- 2005 "Practice Pearls", AAD Annual Meeting
- 2005 "Photodynamic Therapy", Noah Worcester Dermatologic Society Annual Meeting
- 2005 "Skin Cancer Overview", Civitans Service Organization Meeting
- 2004 "What Is It Like to Be a Doctor and a Patient?", CSN Elementary Classroom
Presentation
- 2002, 2003, 2004 "Starting a Practice", AAD Annual Meeting
- 2002, 2003, 2004 "Starting a Practice", AAD Summer Meeting
- 2001 "Dermatology for the Primary Care Physician", American College of Physicians /
American Society of Internal Medicine Florida Chapter Annual Meeting
- 2000 "Skin Cancer Education for the Public", CanSurvive Cancer Support Group
- 1999 "Skin Cancer Review for the Physician", Naples Community Hospital (NCH) Grand
Rounds
- 1999 "Melanoma Update", NCH Internal Medicine Journal Club
- 1998, 1999 "Skin Cancer: What You Need to Know", Women in Medicine Lecture Series
- 1997 "AMA and FMA Key Legislative Issues for 1997", USFCOM
- 1997 "Porokeratosis, Basal Cell Carcinomas and Bowen's", Florida West Coast Society of
Dermatology (FWC)
- 1997 "Seabather's Eruption Developing in an Individual Not Directly Exposed to Sea Water",
Southern Medical Association (SMA)
- 1997 "Mycosis Fungoides: A Difficult Disease to Diagnose", SMA
- 1996 "Domestic Violence: How to Diagnose and Address the Prevalent Problem", USFCOM
- 1996 "The Importance of Being Involved in Organized Medicine", USFCOM
- 1996 "Common Infections of the Skin", USFCOM Grand Rounds
- 1996 "Lichen Planus / Lupus Erythematosus Overlap Syndrome", FWC
- 1996 "Follicular Mucinosis and Pseudolymphoma", FWC
- 1996 "Severe Ichthyosis and Keratoderma in a 27 Year-Old Male", FWC
- 1996 "Follicular Degeneration and Pili Multigemini", FWC
- 1996 "Drug Eruption Versus Allergic Contact Dermatitis", FWC
- 1995 "Subacute Cutaneous Lupus Erythematosus", FWC

PRESENTATIONS (Continued) •

- 1995 “Cutis Verticis Gyrata”, FWC
- 1995 “Lichen Sclerosis et Atrophicus”, FWC
- 1994 “Factitial Ulceration”, FWC
- 1994 “Degos’ Disease (Malignant Atrophic Papulosis)”, SMA
- 1994 “Brooke-Spiegler Syndrome”, SMA
- 1994 “Chronic Eczematous Dermatitis”, SMA
- 1994 “Quinidine-Induced Hyperpigmentation”, SMA
- 1992 “Ultraviolet Radiation and the Immune System: Implications for Clinical Practice”, USFCOM Grand Rounds

MEDIA PRESENTATIONS •

- 2013 “Welcome to Advanced Dermatology and Skin Surgery Specialists” available at www.dryaghoward.com
- 2013 “Soft Tissue Fillers” available at www.dryaghoward.com
- 2013 “Neurotoxins” available at www.dryaghoward.com
- 2013 “Antioxidants” available at www.dryaghoward.com
- 2012 “Optimizing Your Skin Care Regimen” available at www.dryaghoward.com
- 2012 “Risks of Sun Exposure” available at www.dryaghoward.com
- 2012 “Skin Cancer Detection and Treatment” available at www.dryaghoward.com
- 2011 “Keeping Your Skin Healthy” as seen on *Lifetime Channel’s Balancing Act VIP Health and Wellness Special* available at www.TheBalancingAct.com/story/?ID=2709
- 2010 “Tricks of the Blade” as seen on AAD News Network Televised Interview
- 2010 “Tricks of the Blade” as seen on AAD Website Podcast
- 2010 “Skin Cancer” as heard on AAD Hometown Radio Broadcast
- 2007 “Skin Cancer” as heard on AMA Hometown Radio Broadcast
- 2000 “Skin Cancer” as seen on Southwest Florida Public Television
- 1999 “Skin Cancer” as seen on Southwest Florida Public Television

INTERESTS AND HOBBIES •

- Painting: 2010: AAD Annual Meeting Art Exhibit
 - 1st place: Watercolors
 - 2nd place: Acrylics
 - 3rd place: Acrylics
- Running: 2014: Naples John Clay 5K—25:50
 - 3rd place in female age group
 - Top 35% (197/556) overall male and female
- 2013: St. Jude Nashville Country Music Half Marathon
- 2011: New York City Marathon—4:24:45
 - Top 35% (757/2135) in female age group
 - Top 51% (24398/47763) overall male and female
 - I ran NYC Marathon to raise more than \$5000 for Camp Discovery
 - Camp Discovery is summer camp for children with devastating skin diseases
- 2011: Naples Fitness Challenge Triathlon—1:09:50
 - Top 25% (11/46) in female age group
 - Top 20% (65/317) overall females
 - Top 42% (299/700) overall male and female
- 2010: Naples Daily News Half Marathon—1:46:13
 - Top 10% (9/92) in female age group
 - Top 20% (305/1560) overall male and female

INTERESTS AND HOBBIES (Continued) •

- 2010: Run for the Music 10K—48:17.8
 - 3rd place (3/51) in female age group
 - Top 20% (106/631) overall male and female
- 2009: Shark Shootout 5K—22:26
 - 1st place (1/18) in female age group
 - Top 20% (72/399) overall male and female
- 2009: John Clay 5K—23:45
 - 1st place (1/22) in female age group
 - Top third (172/543) overall male and female
- 2008: Naples Firecracker 5K—23:17
 - 3rd place (3/27) in female age group
 - Top quarter (165/668) overall male and female
- 2007: Naples Fitness Challenge Triathlon—1:03:45
 - 2nd place (2/21) in female age group

Biking

Drawing

Arts and Crafts

Volunteering: Organized medicine, Camp Discovery, community, public school system

Travelling and playing outdoors with my family and dogs

CHARITIES •

Club Instant Replay: Chair of Board of Directors, Co-founder and Parent Administrator

Camp Discovery: Volunteer Camp Activities Coordinator, Photographer, Fundraiser

Skin Cancer Foundation

Dermatology Foundation

American Cancer Society

Cancer Alliance of Naples

Educational:

- Duke University

- University of South Florida Morsani College of Medicine

- Semester at Sea

- Collier County Public School System

- Children's Museum of Naples

Arts:

- Sugden Community Theater / Theater Zone